

Handbook Of Obesity Treatment

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This extensive handbook covers all the issues relating to the psychological, physiological, and clinical aspects of eating disorders and obesity. Treatment includes medical, behavioral, and pharmacological modalities. For practitioners with over 105 contributors. 2008-12-10

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Common treatments for overweight and obesity include losing weight through healthy eating, being more physically active, and making other changes to your usual habits. Weight-management programs may help some people lose weight or keep from regaining lost weight.

Treatment for Overweight & Obesity | NIDDK

NEW YORK - BASEL The first edition of this book and its companion volume, Handbook of Obesity: Etiology and Pathophysiology, Second Edition, was published as Handbook of Obesity, edited by George A. Bray, Claude Bouchard, and W. P. T. James (Marcel Dekker, Inc., 1998).

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writing an entire handbook on obesity in 9 months. We would like to thank Victor Runowicz for his assistance in the preparation of the manuscript. v TABLE OF CONTENTS Prevalence of Obesity and Related Mortality The Pathophysiology of Obesity Obesity-Related Comorbidities A Complications-Centric Approach to the Treatment of Obesity Benež ts of ...

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Synopsis Behavioral treatment should be the first line of intervention for overweight and obese individuals. This paper provides an overview of the structure and principles of behavioral weight loss treatment. The short- and long-term effectiveness of this approach is reviewed.

Behavioral Treatment of Obesity

Reflecting our evolving understanding of causes and consequences, the two-volume set Handbook of Obesity explores every facet of this disease from cause to cure. Volume One: Epidemiology, Etiology, and Physiopathology provides comprehensive coverage of the biological, behavioral, and environmental determinants of this critical illness.